## Supplemental Material

# SELF IDENTITY

- Part 1 -

Middle names
The story behind our names





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#### THINK ABOUT IT...

Discover the story behind your name. This simple, but thought-provoking exploration will not only enhance your English skills but also provide a personal connection to the power of names in shaping identity.

お名前の背後にあるストーリーを発見しましょう。このシンプルだが示唆に富んだ探求は、英語スキルを向上させるだけでなく、アイデンティティを形成する際の名前の力との個人的なつながりを提供します。

- What does your name mean?
- **Q** Who decided what your name would be? Why did they choose it?
- O3 Do you have a nickname? How did you get it?
- **Q4** Does your name have a different meaning in another language?
- O 5 Do you know anyone with your same name?
- Do you like your name? Do you think your name and its meaning suit you?



In many cultures, people have more than just a first and a last name. A middle name is placed between the first and last names. While the first name shows our individuality and the last name connects us to our family, the middle name is a unique identifier that adds an extra layer to our identity. The reasons for having or not having middle names are deeply rooted in culture.

#### MIDDLE NAMES

### Vocabulary

• culture 文化

• first name 名

• last name 姓

• individuality 個性

• to connect 結びつける

• unique ユニークな

• identifyer 識別子

• layer レイヤー

• identity アイデンティティ

reason 理由

• deeply 深く

• to be rooted 根ざす

- Do you have a middle name? If yes, does it have a special meaning or story behind it? If no, would you like to have one and why?
- **O 2** In your culture, are middle names commonly used? If so, what significance do they usually have?
- Imagine you could choose a middle name for yourself. What would it be, and why would you pick that name?
- How do you think having a middle name might impact a person's identity or sense of self?
- Is there a name from your family's past that you find interesting or meaningful? Would you like that to be your middle name?

## Sample Conversations



#### Asking about middle name

**Interviewer**: On your application you only wrote your first and last name. Don't you have a middle name?

**Kenji**: Actually, no. In my culture we have only two names, first and last. Interviewer: Oh, I see. Okay.



#### Commenting about names

Jennifer: Nicole, do you have a middle name?

**Nicole**: Yes, it's Zene. It means "beautiful." I'm named after my grandmother

from Africa.

**Jennifer**: Oh, how nice. What a lovely and meaningful name!

#### PHRASES & IDIOMS

In this section, let's look at idioms and phrases related to names.

#### 01

#### To be named after someone

to be given a name in honor or memory of another person

人に敬意を表して他の人の名前が付けられる

ex: I'm named after my grandmother.

## 02

# To call someone by their first name

to address a person by their first name

人を名で呼ぶ

ex: Please feel free to call me by my first name.

## 03

#### To be on a first name basis

when people are familiar with each other and use first names ファーストネームで呼び合う仲

ex: We're all on a first name basis at my workplace.

## 04

#### To have an uncommon name

when someone has a name that is not widely used, a unique name

珍しい名前を持つ

ex: His name is quite uncommon, I've never met anyone with the same name.



この無料のレッスンはいかがでしたか? 今後のワークショップやイベントの情報をご案内するために、ぜひ私のウェブサイトやソーシャルメディアをブォローしてください。もしご希望のワークショップがあり、スケジュールに見当たらない場合は、お気軽にご連絡ください。お客様に合った時間でワークショップを開催することができれば、とてもうれしいです。皆さまとつながりを持てることを楽しみにしています!



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